



**Maulana Azad Centre for Indian Culture  
Embassy of India, Cairo**

# **New Yoga Sessions**

The Centre will commence new Yoga courses (for ten weeks each) at three levels – Beginners', Intermediate & advance from **Sunday 12<sup>th</sup> January 2020** as per the following schedule:

Sessions	Beginners (60 minutes)			
Days	Monday & Wednesday (Ladies only)	Sunday & Tuesday	Monday & Wednesday	
Timings	11.00am– 12.00pm	4.00 – 5.00pm	4.00 - 5.00pm	5.00 – 6.00pm
Duration	13 January – 18 March 2020	12 January – 17 March 2020	13 January – 18 March 2020	
Fees	<b>LE 500.00 (non-refundable and non-adjustable)</b>			
Sessions	Intermediate (60 minutes)		Advance (60 minutes)	
Days	Sunday & Tuesday	Monday & Wednesday	Sunday & Tuesday	
Timings	5.00 - 6.00pm	6.00 – 7.00pm	6.00 - 7.00pm	
Duration	12 January – 17 March 2020	13 January – 18 March 2020	12 January – 17 March 2020	
Fees	<b>LE 500.00 (non-refundable and non-adjustable)</b>			

- The registration for the beginners' courses: ON 16 & 17 DECEMBER 2019 FROM 9:30AM -1.30PM OR UNTIL THE VACANCIES ARE FILLED.**
- The registration for the intermediate & advanced courses: ON 18 & 19 DECEMBER 2019 FROM 9:30AM -1.30PM OR UNTIL THE VACANCIES ARE FILLED.**
- ALL APPLICANTS WILL HAVE TO COME PERSONALLY TO REGISTER FOR THE COURSE AND SHOULD HAVE SUFFICIENT TIME AT THEIR DISPOSAL TO COMPLETE THE FORMALITIES. There are only 30 vacancies per batch. Registration will be on a first-come-first-served basis.**
- The following documents are required to be submitted at the time of registration:**
  - The application form (a print out of the electronically filled up application form).
  - Two recent passport size photographs 4 X 6 (not older than 1 year photos).
  - Copy of national ID (for Egyptians)/ copy of passport with valid visa (for non-Egyptian).
- Incomplete registration forms will not be accepted.
- The classes will be conducted in MACIC - 2<sup>nd</sup> floor, 3 Abu El Feda St., Zamalek, Cairo.
- The time & venue of the Yoga hall can be changed without prior notice.
- The list of holidays is subject to change at short notice by the centre.
- The Centre will observe all holidays as per the Embassy of India, Cairo list for 2020 which is displayed at the notice board/ website (<http://eoicairo.gov.in>).

**For further information/guidance, please contact Maulana Azad Centre for Indian Culture (MACIC)  
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E-mail: [macic@indembcairo.com](mailto:macic@indembcairo.com) ; website <http://eoicairo.gov.in/>  
Facebook: [IndiaInEgypt](https://www.facebook.com/IndiaInEgypt) Twitter: [@Indembcairo](https://twitter.com/Indembcairo)**